

# Southern California Education and Research Center

Special Event

## Mental Health in the Workplace Symposium



According to a recent study, 22.5% of adults 18 or older have one or more mental disorders. The vast majority of that group, 20.3% of the population, are employed full time. That's 23,737,000 people!

Depression, anxiety and substance abuse all have the potential of resulting in interpersonal conflict, workplace violence, reduced productivity, lost work time and many other problems.

### This symposium will explore:

- The scope of the problem and its impact
- Increasing productivity and decreasing absenteeism
- Promoting successful Return to Work and Stay at Work practices including psychotherapy and psychopharmacology
- Substance abuse and the impact of new marijuana laws on the workplace

**September 27, 2017**

**Location: UCLA**

**Time: 8:00 am-5:15 pm**

#### Registration Fee:

Early bird (ends 8/25/17): \$279

Standard Fee: \$379

#### For details on:

Goals and objectives, presenters, and lodging information visit:  
<http://erc.ucla.edu/course/mentalhealth>

#### To register online:

<https://tinyurl.com/registercerc>

**UCLA** Southern California  
**UCIrvine** Education and Research Center  
*Continuing Education / Outreach*

### Registration Information

Registration fee includes course materials, refreshments, lunch, and certificate of completion when attendance requirements are met.

#### Online Registration:

<https://commerce.cashnet.com/socaleducationandresearchcenter>

Register by phone: 310-206-2304

See <http://erc.ucla.edu/paymentterms> for all terms.

**Paying by credit card:** All major credit cards accepted.

**Paying by check:** Payable to University of California Regents



### Keynote Speaker

DAVID ADLER, M.D.  
SENIOR PSYCHIATRIST  
TUFTS UNIVERSITY SCHOOL  
OF MEDICINE

**Topic: Increasing Productivity and Decreasing Absenteeism in Employees with Behavioral Health Conditions**

## Accreditation

Continuing Medical Education (CME) The Southern California Education and Research Center is accredited by the Institute for Medical Quality/California Medical Association (IMA/CMA) to provide continuing medical education for physicians. The SCERC designated this live activity for a maximum of 8.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. All CME attendees must complete and assessment and evaluation form that includes your identification information.

Other accreditations include:

- American Board of Industrial Hygiene (ABIH)
- Registered Environmental Health Specialist (REHS)
- California Board of Registered Nursing (BRN)
- Board of Certified Safety Professionals (BCSP)
- Certification of Disability Management Specialist (CDMS)
- Certified Professional in Disability management
- (CPDM)
- Certified Case Management Professional (CCMP)
- Commission on Rehabilitation Counselor Certification (CRCC)
- Certified Disability Management Professional (CDMP/CRTWC)

For detailed accreditation information, visit:

<http://erc.ucla.edu/course/mentalhealth>

# Agenda

Wednesday, September 27, 2017

Co-Moderators: Edward C. Alvino, MD and Catherine Boomus, MD, MPH

## I. The Scope of Behavioral Health Conditions in the Workplace and their Impact on the Employee and the Employer

The Magnitude of the Problem – Nanette Levine-Mann, Jorge Cherbosque, and Tess Elconin, UCLA Campus Human Resources and Chancellor's Office of Legal Affairs

The Scope of Mental Health Conditions in the Work Place – Michael Gitlin, MD, UCLA Professor of Clinical Psychiatry

Managing Behavior Health Disability from An Occupational Medicine Perspective - Taha Ahmad, MS, MPH, FACP, Kaiser Permanente

Panel Discussion on the Impact of Behavioral Health Conditions in the Workplace to Both the Employer, the Employee, and Employee Representatives - Leslie Israel, DO, MPH, FACOEM, Los Angeles Department of Public Works (Panel Leader); Adrienne Malka; Mamie Dobson, PhD; Kathleen Shiroma; Tori Weeks

## II. Increasing Productivity and Decreasing Absenteeism in Employees with Behavioral Health Conditions Luncheon Keynote Speaker – David Adler, MD

## III. Promoting a Successful Return to Work at the Earliest Time Compatible with Health and Safety for Employees on Disability with Behavioral Health Conditions

Utilizing Psychotherapy and Psychopharmacology to Promote a Timely and Successful Return to Work - Karen Miotto, MD, UCLA Professor of Clinical Psychiatry

Addressing Disability from a Medical Standpoint when Chronic Pain becomes the Chief Complaint – Edward C. Alvino, MD, Chief Medical Officer, UNUM

Alcoholism, Addiction, and Medical Marijuana in the Workplace – Stuart Gitlow, MD, MPH, Past President of the American Society of Addiction Medicine

For more information, please see the webpage:  
<http://erc.ucla.edu/course/mentalhealth>

### Who We Are:

The Southern California Education and Research Center (SCERC) is one of 18 multidisciplinary centers supported by NIOSH (National Institute for Occupational Safety and Health) for education and research to protect the safety and health of US workers. The SCERC is administratively housed in the Department of Environmental Health Sciences, UCLA School of Public Health.

If you have any questions, please call 310-206-2304 or email us at [erc@ph.ucla.edu](mailto:erc@ph.ucla.edu)

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